BITE & MORE

THE TASTIEST FORM OF PROTEIN

WHO WE ARE?

Our Story

Bite & More is a manufacturer-driven health snack brand. Operating under the umbrella of Panito Gıda in Eskişehir, we develop and manufacture all our products under a single roof. Our journey began with Protein Pancakes and has since expanded to include Rice Cakes, Puffs, Protein Coffee, Functional Coffees, and our Waffle family. Since our inception, our core principles have remained unchanged: clean ingredients, high protein, and accessible flavor.

Today, our portfolio features Protein Pancakes, Protein Rice Cakes, Protein Waffles, and Protein Puffs, alongside Protein Iced Coffee and L-Carnitine Coffee. (All production processes are conducted at Panito facilities, utilizing FDA-registered infrastructure and adhering to GMP, ISO, and Halal standards.)

For Who? When?



Those leading an active lifestyle



Those seeking convenient snacks for work or school



Those looking for a balanced pre- or post-workout snack



Those prioritizing healthy nutrition

PROTEIN PANCAKE

Forget everything you know about packaged snacks. We've taken the softest, fluffiest pancake batter and injected it with a generous core of smooth, melting cream.

It's not just a protein boost; it's a moment of pure culinary pleasure that fits right into your gym bag or desk drawer. Whether you crave the nostalgia of Cookies & Cream or the sophistication of Red Velvet, this is the snack that rewards your discipline.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (50g) *per pack*
Enerji / *Calories*	(kJ/Kcal)	1372 / 328	686 / 164
Yağ / *Fat*	(g)	14 g	7 g
- Doymuş Yağ / *Saturated Fat*	(g)	4 g	2 g
- Trans Yağ / *Trans Fat*	(g)	0 g	0 g
Karbonhidrat / *Carbohydrate*	(g)	30 g	15 g
- Şekerler / *Sugars*	(g)	10 g	5 g
- Şeker Alkolleri / *Polyols*	(g)	6 g	3 g
Lif / *Dietary Fiber*	(g)	6 g	3 g
Protein	(g)	20 g	10 g
Kolesterol / Cholesterol	(g)	60 mg	30 mg
Sodyum / Sodium	(g)	360 mg	180 mg
Kalsiyum / Calcium	(g)	250 mg	125 mg
Demir / Iron	(g)	0,6 mg	0,3 mg
Potasyum / Potassium	(g)	300 mg	150 mg

PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
CHOCOLATE DOUBLE CHOCOLATE	10 Months	8684041306004	3.840	5.760
	10 Months	8684041306127	3.840	5.760
COOKIES & CREAM	10 Months	8684041306080	3.840	5.760
SPECULOOS	10 Months	8684041306134	3.840	5.760
PISTACHIO	10 Months	8684041306554	3.840	5.760
BLUEBERRY	10 Months	8684041306165	3.840	5.760
RED VELVET	10 Months	8684041306295	3.840	5.760
STRAWBERRY	10 Months	8684041306066	3.840	5.760
CARAMEL	10 Months	8684041306028	3.840	5.760
VANILLA	10 Months	8684041306042	3.840	5.760



PROTEIN WAFFLE

We reimagined the waffle not as a crispy breakfast side, but as a soft, handheld indulgence. Imagine two layers of tender sponge cake embracing a velvety hazelnut cream center.

It’s the perfect companion for your morning coffee or that mid-afternoon slump when you need something sweet but refuse to compromise your goals.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (55 g) *per pack*
Enerji / *Calories*	(kJ/Kcal)	1486 / 355	817 / 195
Yağ / *Fat*	(g)	12	7
- Doymuş Yağ / *Saturated Fat*	(g)	4	2
- Trans Yağ / *Trans Fat*	(g)	0	0
Karbonhidrat / *Carbohydrate*	(g)	34	19
- Şekerler / *Sugars*	(g)	9	5
- Şeker Alkolleri / *Polyols*	(g)	6	3
L f / *Dietary Fiber*	(g)	6	3
Protein	(g)	26	15
Tuz / *Salt*	(g)	0,9	0,5



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
TIRAMISU	10 Months	8684041306677	4.320	5.400
HAZELNUT CREAM	10 Months	8684041306691	4.320	5.400
DOUBLE CHOCOLATE	10 Months	8684041306714	4.320	5.400
SOUR CHERRY	10 Months	8684041306653	4.320	5.400

PROTEIN PUFF

Craving the snap and crunch of a chip without the grease? Our Protein Puffs are baked to perfection, delivering an intense savory kick in every handful.

Powered by plant-based proteins like lentils and chickpeas, they are the ultimate guilt-free companion for movie nights, road trips, or post-workout salt cravings.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (50g) *per pack*
Enerji / *Calories*	(kJ/Kcal)	1238 / 296	619 / 148
Yağ / *Fat*	(g)	12 g	6g
- Doymuş Yağ / *Saturated Fat*	(g)	0.5 g	1 g
- Trans Yağ /*Trans Fat*	(g)	0 g	0 g
Karbonhidrat / *Carbohydrate*	(g)	30 g	15 g
- Şekerler / *Sugars*	(g)	0 g	0 g
Lif / *Dietary Fiber*	(g)	16 g	8 g
Protein	(g)	32 g	16 g
Kolesterol / Cholesterol	(g)	0 mg	0 mg
Sodyum / Sodium	(g)	600 mg	300 mg
Kalsiyum / Calcium	(g)	360 mg	180 mg
Demir / Iron	(g)	0,6 mg	0,3 mg
Potasyum / Potassium	(g)	100 mg	50 mg



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
BARBECUE	12 Months	8684041306424	960	1.200
VEGETABLES	12 Months	8684041306400	960	1.200
SALT & VINEGAR	12 Months	8684891900537	960	1.200
SOUR CREAM & ONION	12 Months	8684891900551	960	1.200
CHILI & LIME	12 Months	8684041306417	960	1.200

PROTEIN MILK CHOCOLATE COATED RICE CAKE

Wetook thehumble rice cake and elevated it into a gourmet experience. Imagine a remarkably light, crispy rice cake generously dipped in premium, velvety milk chocolate enriched with high-quality protein. It delivers the satisfying “snap” of a chocolate bar without the heavy sugar crash.

Perfect for when you need a sweet fix that respects your fitness goals.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (18g) *per pack*
Enerji / *Calories*	(kJ)	1532	276
	(Kcal)	366	66
Yağ / *Fat*	(g)	20	3,6
- Doymuş Yağ *Saturated Fat*	(g)	3	0,5
- Trans Yağ / *Trans Fat*	(g)	0	0
Karbonhidrat *Carbohydrate*	(g)	50	9
- Şekerler / *Sugars*	(g)	3	0,5
- Şeker Alkolleri / *Polyols*	(g)	14	2,5
L f / *Dietary Fiber*	(g)	12	2,2
Protein	(g)	20	3,6
Tuz / *Salt*	(g)	1,7	0,3



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
P. M. C. Rice Cake	12 Months	8684041306318	8.640	10.944

RICE CAKE

Simplicity is the ultimate sophistication. Our Vegan Rice Cakes are crafted from a single, pure ingredient: 100% Rice. Light, airy, and incredibly crisp, they serve as the perfect blank canvas for your culinary creativity.

Whether you top them with avocado, nut butter, or enjoy them solo for their satisfying snap, they offer a guilt-free snacking experience with absolutely no additives.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*
Enerji / *Calories*	(kJ/Kcal)	1507 / 360
Yağ / *Fat*	(g)	0,9
- Doymuş Yağ / *Saturated Fat*	(g)	0,6
- Trans Yağ /*Trans Fat*	(g)	0
Karbonhidrat /*Carbohydrate*	(g)	80,4
- Şekerler / *Sugars*	(g)	0
Lif / *Dietary Fiber*	(g)	1,4
Protein	(g)	7,1
Tuz / *Salt*	(g)	0



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
Vegan Rice Cake	12 Months	8684891900056	864	1944

BUCKWHEAT CAKE

Discover the robust,earthy flavor of 100% Buckwheat in a perfectly baked, crunchy form. Richer in fiber and distinct in taste, these cakes are designed for those who want more from their simple snacks.
They deliver a wholesome, hearty crunch that pairs beautifully with both savory toppings and sweet spreads, keeping you full and energized.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*
Enerji / *Calories*	(kJ/Kcal)	1457 / 348
Yağ / *Fat*	(g)	2,1
- Doymuş Yağ / *Saturated Fat*	(g)	0,6
- Trans Yağ / *Trans Fat*	(g)	0
Karbonhidrat / *Carbohydrate*	(g)	69,2
- Şekerler / *Sugars*	(g)	0
Lif / *Dietary Fiber*	(g)	11,4
Protein	(g)	13,2
Tuz / *Salt*	(g)	0



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
Vegan Buckwheat Cake	12 Months	8684891900087	864	1944

PROTEIN ICED COFFEE

Why settle for just caffeine when you can fuel your muscles at the same time? Our Protein Iced Coffee blends the robust aroma of premium coffee beans with high-quality whey protein.

It dissolves instantly to create a silky, frothy beverage that wakes up your mind and feeds your body. Perfect for hot summer days or warm cozy mornings.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (33 g) *per pack*
Enerji / *Calories*	(kJ)	1465	486
	(Kcal)	350	116
Yağ / *Fat* (	g)	9	3
- Doymuş Yağ *Saturated Fat*	(g)	3	1
- Trans Yağ *Trans Fat*	(g)	0	0
Karbonhidrat *Carbohydrate*	(g)	9	3
- Şekerler *Sugars*	(g)	3	1
Lif / *Dietary Fiber*	(g)	6	2
Protein	(g)	60	20
Tuz / *Salt*	(g)	0,30	,1

PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
CARAMEL MACCHIATO	18 Months	868 40 41306271	640	800
MOCHA	18 Months	8684041306233	640	800
ESPRESSO	18 Months	8684041306219	640	800
W. CHOCOLATE MOCHA	18 Months	8684041306257	640	800



L-CARNITINE COFFEE

Upgrade your morning ritual with a coffee that works as hard as you do. We've blended the rich, robust aroma of premium coffee beans with high-quality L-Carnitine to create a brew that does more than just wake you up—it gets you moving.

Designed to support your active lifestyle, this is the perfect pre-workout kickstart or mid-day energy boost to help you stay sharp and focused.

Enerji ve Besin Öğeleri *Nutrition Facts*		100 g için *per 100 g*	1 Paket (12 g) *per pack*
Enerji / *Calories*	(kJ)	10461	26
	(Kcal)	250	30
Yağ / *Fat*	g)	16	1,92
- Doymuş Yağ *Saturated Fat*	(g)	1	0,12
- Trans Yağ *Trans Fat*	(g)	0	0
Karbonhidrat *Carbohydrate*	(g)	20	2,40
- Şekerler *Sugars*	(g)	1	0,12
Lif / *Dietary Fiber*	(g)	14	1,68
Protein	(g)	91	,1
Tuz / *Salt*	(g)	0,37	0,04
L-Karnitin *L-Carnitine*	(mg)	16702	00
B1	(mg)	10	1,2
B6	(mg)	11	1,3
B12	(mcg)	20	2,4



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
L-Carnitine	18 Months	8684041306196	1.440	1.680

BREAKFAST PANCAKES (8-Pack)

Bite&More Breakfast Protein Pancakes are ready to add delicious flavor to any moment of your day with their soft texture and convenient, ready-to-eat form. Thanks to their high protein content, they support a balanced diet while making your breakfasts and snacks enjoyable. Enjoy them with honey and fruits, nut butter, or your own favorite toppings!

Discover the most delicious way to have breakfast with Bite&More.

Enerji ve Besin Öğeleri		100 g için *per 100 g*	1 Paket (42g) *per pack*
Enerji / *Calories*	(kJ)	1379	580
	(Kcal)	329	138
Yağ / *Fat*	g)	12	5,0
- Doymuş Yağ *Saturated Fat*	(g)	4,0	1,6
- Trans Yağ *Trans Fat*	(g)	0	0
Karbonhidrat *Carbohydrate*	(g)	36	15
- Şekerler *Sugars*	(g)	12	5
Lif / *Dietary Fiber*	(g)	6,0	2,6
Protein	(g)	19	8,0
Tuz / *Salt*	(g)	1,2	0,5



PRODUCT	SHELF LIFE	BARCODE	Quantity per 80x120 Pallet	
			Air Freight Qty	Sea/Truck Qty
Breakfast Pancakes	10 Months	8684891900827	480	672

PRODUCTION AT INTERNATIONAL STANDARTS







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